Fairview

FAMILY NEWSLETTER

WEEKLY CALENDAR OF EVENTS

WEEK OF AUGUST 10TH, 2026

Pediatric Specialty Spaces:

Love Your Melon Family Resource Center (FRC) is a comfortable, welcoming place where you can connect to comfort resources, business amenities and entertainment items. Come visit us or call us 612-365-2100.

Hours: **M-F** 9am-5pm

August Milestone: Build a Lantern

FRC Media List

***Kyle Rudolph's End Zone** is a therapeutic play space where patients and families can engage with one another while enjoying the sport simulator, basketball hoop, craft activities, video games, pinball & more. Call **612-365-8919** for hours, as hours may vary. Hours: **M-Th** 9:30am-12pm, 1pm-7:30pm, **Tu:** Close at 4 for teen night, **Fri- Sun:** 9:30am-12pm, 1pm-4pm

Activity Theme of the Month:

Under the Sea

Interested in a craft to be brought to your room?

Scan the QR code to request a craft be brought to your room. Give us a call with any questions!

KREZ Craft

Other spaces to visit:

Wellness Center: Exercise Equipment for adult family members of pediatric patients (18+). Located on the 5th floor. Badge access required.

Sport Court, Playground & Dave Lee Patio: For Pediatric Patients & Families to enjoy. Badge access required.

Badges available at South check in desk or Family Resource Center

Nature Based Therapy Program

August Nature Notes : Sea Turtles

Did you know that female sea turtles go to the same beach to lay their eggs? To learn more, look for August Nature Notes handouts on your unit.

Weekly Events

Mondays 1pm-2pm

Popcorn

Family Resource Center

Come down to the FRC and enjoy some delicious popcorn.

Tuesdays 5pm-7pm

***Teentastic Tuesday**

Kyle Rudolph's End Zone

Teentastic Tuesday is a time for teens to explore the End Zone and socialize! Gaming, crafting or chilling. The End Zone is open for ages 13+. Call **612-365-8919** with questions.

Wednesdays 3pm-4pm

***Wednesday Crafternoon**

Kyle Rudolph's End Zone

Come and craft with some fellow craft lovers! This week's facilitated craft will be monster sticks. Other crafts and activities available!

Thursdays 10am-11am

Family Coffee Hour

Family Resource Center

Join us for coffee, conversation and community. Beverages & light breakfast will be provided. Items can be taken to go.

Special Event

Wednesday August 12th 12pm

Free Produce Distribution

Fairview Riverside University Hospital-West Entrance near Subway

Patient & Family Programs

Teen Advisory Council

Current patients grades 8-12

Share your unique patient perspective to improve pediatric patient experience. Scan the QR Code to find out more.

Children are required to be accompanied by a responsible adult. Spaces/events marked with an * follow isolation guidelines.
If you are unable to enter one of our spaces, please give us a call to obtain resources, thank you!

ZUCKER FAMILY SUITE AND BROADCAST STUDIO

AUGUST 10 – 16

Tune in to **ZTV Channel 12** everyday for shows that promote creativity, fun, and relaxation! Supplies are delivered prior to shows that require materials. Need supplies or want to try hosting a show from your room, give us a call!

Live Call In: 612-365-0101
Voicemail: 612-365-0102
iMessage or Email:
zuckersuite@zuckersuite.org

Daily Shows include:
8:30 am - Wheels Up
9:30 am - Morning Report
7:00 pm - Bedtime Stories
7:30 pm - Nightly Novel

Featured shows this week

MON 10	11:00 **Craft Cabin –** Campfire Craft 1:00 **Music Monday –** Jasper Lepak 4:00 **ZTV Knows About That –** Injections
TUES 11	11:00 **Music Therapy –** Guess the Song from Emojis 1:00 **Kahoot Trivia –** Idioms/Sayings 4:00 **ZTV Bakes –** Blindfold Chex Mix Challenge
WED 12	11:00 **Lego Builds –** Lego Pictionary 1:00 **Coping Corner –** Guided Journaling 4:00 **In the Net –** with Dr. Alex
THURS 13	11:00 **Art/Nature Based Therapy –** Nature Mandalas 1:00 **Bingo!!!** Disney Villains 4:00 **ZTV Bakes at the Museum –** Cinnamon Rolls
FRI 14	11:00 **Craft Cabin –** Watercolor Hedgehog 1:00 **Lego Builds –** Lego Campsites 4:00 **BARK Buddies and Beyond –** Facility Dog Fern
SAT 15	11:00 **Nature Based Therapy –** Rainbows 1:00 **Pictionary** with MN Twins' TC Bear 4:00 **I Am Courageous TV** - Transportation Songs
SUN 16	11:00 **Coping Corner –** Comfort Items 1:00 **ZTV Comedy Show** 4:00 **ZTV Knows About That –** Cotreating

WANT MORE ZTV? CHECK OUT OUR ON DEMAND WEBSITE

To access nearly 500 ZTV episodes, scan the QR code on a phone or tablet or go to **fairview-ztv.cablecast.tv**