Fairview

FAMILY NEWSLETTER

WEEKLY CALENDAR OF EVENTS

WEEK OF SEPTEMBER 21ST, 2026

Pediatric Specialty Spaces:

Love Your Melon Family Resource Center (FRC) is a comfortable, welcoming place where you can connect to comfort resources, business amenities and entertainment items. Come visit us or call us 612-365-2100.

Hours: **M-F 9am-4:30pm**

September Milestone: Family Handprints

FRC Media List

***Kyle Rudolph's End Zone** is a therapeutic play space where patients and families can engage with one another while enjoying the sport simulator, basketball hoop, craft activities, video games, pinball & more. Call **612-365-8919** for hours, as hours may vary. Hours: **M-Th** 9:30am-12pm, 1pm-7:30pm, **Tu:** Close at 4 for teen night, **Fri- Sun:** 9:30am-12pm, 1pm-4pm

Activity Theme of the Month:

In The Garden

Interested in a craft to be brought to your room?

Scan the QR code to request a craft be brought to your room. Give us a call with any questions!

KREZ Craft

Other spaces to visit:

Wellness Center: Exercise Equipment for adult family members of pediatric patients (18+). Located on the 5th floor. Badge access required.

Sport Court, Playground & Dave Lee Patio: For Pediatric Patients & Families to enjoy. Badge access required.

Badges available at South check in desk or Family Resource Center

Nature Based Therapy Program

September Nature Notes : Sleeping Otters

Did you know that otters wrap themselves in seaweed so they don't float away? To learn more, look for September Nature Notes handouts on your unit.

Weekly Events

Mondays 1pm-2pm

Popcorn

Family Resource Center

Come down to the FRC and enjoy some delicious popcorn.

Tuesdays 5pm-7pm

***Teentastic Tuesday**

Kyle Rudolph's End Zone

Teentastic Tuesday is a time for teens to explore the End Zone and socialize! Gaming, crafting or chilling. The End Zone is open for ages 13+. Call **612-365-8919** with questions.

Wednesdays 1pm

***Acupoint Therapy for Pediatric Caregivers**

Wellness Center, 5th Floor South Building

Two appointments at 1PM available. Call the Family Resource Center at 612-365-2100 to schedule an appointment.

Wednesdays 3pm-4pm

***Wednesday Crafternoon**

Kyle Rudolph's End Zone

Come and craft with some fellow craft lovers! This Wednesday we are making customized beaded keychains!

Thursdays 10am-11am

Family Coffee Hour

Family Resource Center

Join us for coffee, conversation and community. Beverages & light breakfast will be provided. Items can be taken to go.

Special Event

Thursday, September 24th: 5:00pm-7:00pm

Night Out in the Hospital Caregivers/Family 18+

Family Resource Center, South Building Lobby

Pediatric caregivers and family members 18+ come join us in the Family Resource Center for some food, trivia and football. Limited volunteers are available to stay with your child during event. RSVP's are encouraged, call the Family Resource Center at 612-365-2100 to reserve your spot.

Children are required to be accompanied by a responsible adult. Spaces/events marked with an * follow isolation guidelines.
If you are unable to enter one of our spaces, please give us a call to obtain resources, thank you!

ZUCKER FAMILY SUITE AND BROADCAST STUDIO

SEPTEMBER 21-27

Featured shows this week

Tune in to **ZTV Channel 12** everyday for shows that promote creativity, fun, and relaxation! Supplies are delivered prior to shows that require materials. Need supplies or want to try hosting a show from your room, give us a call!

Live Call In: 612-365-0101
Voicemail: 612-365-0102
iMessage or Email:
zuckersuite@zuckersuite.org

Daily Shows include:
8:30 am - Wheels Up!
9:30 am - Morning Report
7:00 pm - Bedtime Stories
7:30 pm - Nightly Novel

MON 21	11:00 **Craft Cabin -** Anything But a Brush 1:00 **Music Monday -** DJ and Beat Boxer, Tyrell 4:00 **ZTV Knows About That -** Ridges Hospital Tour
TUES 22	11:00 **Music Therapy -** Disney Jam Session 1:00 **Kahoot Trivia -** Could Be Anything 4:00 **ZTV Bakes -** Acorns and Spider Donuts
WED 23	11:00 **Lego Builds -** Lego Stamping 1:00 **Coping Corner -** Emotion Sorting Game 4:00 **In the Net -** with Nurse Manager, Jake
THURS 24	11:00 **Art Therapy -** Postcards From Afar 1:00 **Bingo!!!** MN Vikings and Gopher Football 4:00 **ZTV at the Museum -** Karin Larsson Exhibit
FRI 25	11:00 **Craft Cabin -** Silly Line Sculptures 1:00 **Lego Builds -** Mini Mosaics 4:00 **BARK Buddies and Beyond -** Facility Dog Fern
SAT 26	11:00 **Nature Based Therapy -** Butterflies 1:00 **ZTV Bakes -** Fall Bread 4:00 **I Am Courageous TV** - Author Interview
SUN 27	11:00 **Coping Corner -** Coping Menu 1:00 **Q & A with author Nancy Carlson** 4:00 **Nature Based Therapy -** Desert Habitats

WANT MORE ZTV? CHECK OUT OUR ON DEMAND WEBSITE

To access nearly 500 ZTV episodes, scan the QR code on a phone or tablet or go to **fairview-ztv.cablecast.tv**